

## Bio-Oxidative Research Co., Ltd.

Office: No. 99-12, Chung Ching Rd., Taichung, Taiwan 406  
Ph: 886-4-2295-7728 Fax: 886-4-2296-1358  
Factory: No. 27, Lane 24, Da-Lian N. St., Taichung, Taiwan 406  
Ph: 886-4-2292-1202 Fax: 886-4-2291-8645  
Email address: bio\_oxy\_1998@yahoo.com  
www.ozonehelps.com



1996

**Final stage of Lymphoma**

## Cancer Died; I Won

By

**Rev. Dudley P. Spofford**  
**Traditional Reiki Master**  
**Spiritual Teacher**



2006

**Healthy and happy now**

**BASICS**; required in order to understand various actions and reactions of the different oxygen forms. If you already understand these basics, go directly to the brief summary of Reverend Dudley's episode with curing cancer by himself.

**What is oxygen?** It is 2 atoms of the element oxygen, bonded together forming the molecule  $O_2$ . Atmospheric oxygen is the result of photosynthesis by plants, trees, and from plankton in the sea. Oxygen is the basic element necessary for almost every life form.

When we breathe air, we are inhaling only 18% to 20% oxygen, about 78% to 80% nitrogen and from 1% to 2% miscellaneous gases. Our lungs expel most of what we can't utilize. Some impurities in the air are absorbed by our blood and may cause us serious harm over a protracted period of time. Oxygen is also absorbed in our blood and distributed throughout our bodies for the process of oxygenation and oxidation. It is important to note that oxygen is an essential oxidizer.

**Chemically, what is water?** It is 2 atoms of hydrogen bonded with 1 atom of oxygen forming the molecule  $H_2O$ . (Remember the O represents  $O_1$ , except in chemistry it is written as O. Water is, of course, an essential member of the oxygen family.

**What is hydrogen peroxide?** It is 2 atoms of hydrogen bonded with 2 atoms of oxygen forming the molecule  $H_2O_2$ . It is almost exactly like water but with 1 more atom of oxygen. It is sometimes called "oxygen water". It is produced naturally in our body. It is a very strong oxidizer. In our body's immune defense system hydrogen peroxide is released by T cells to oxidize (destroy) invading bacteria, viruses, and fungi. Blood platelets release hydrogen peroxide on encountering particulate (very small particles) in our blood. Micobodies in our body also produce hydrogen peroxide.

As  $H_2O_2$  &  $O_2$  are such powerful oxidizers, how are healthy cells protected from their oxidizing effects? As oxidation is such a primary part of our body's living process, all

healthy cells have 4 enzymes which form a protective coating which protects them against oxidation from all forms of oxygen. But, bacteria, viruses, and dead cells do not have an enzyme coating, so they are not protected. Diseased cells have a greatly diminished enzyme coating so they too, are easily oxidized.

What is ozone? It is oxygen in its purest form; 3 atoms of oxygen bonded together forming the ozone molecule O<sub>3</sub>. It is an even more powerful oxidizer than hydrogen peroxide. Where does it naturally come from? In paragraph 1 we learned oxygen is released from plants. When released it is lighter than the surrounding air mixture and floats up about 15 to 23 kilometers. There it is bombarded with ultraviolet rays from the sun, which causes the oxygen to break apart into single oxygen atoms. They immediately bond into three atom molecules, which is ozone. Ozone is a pale blue gas that makes the sky look blue, and forms the cover protecting earth from the direct effect of ultraviolet rays. Without this ozone layer protecting us, life on earth, as we know it, could not exist. (Incidentally, lightning in the sky also converts some oxygen into ozone).

Now, at a height of 15 to 23 kilometers, the newly formed molecules of ozone are heavier than the oxygen molecules were on their upward journey. Therefore the ozone molecules begin descending back towards earth. When ozone encounters any pollutant of any kind, the 3<sup>rd</sup> atom of oxygen breaks off and it oxidizes the pollutant it has touched. Thereby the ozone cleans the air of pollutants leaving us with clean air to breathe.

### **Brief Summary of Reverend Dudley's Episode with Curing Cancer by Himself**

I have waited so long to print my story because Oncologists advised me that cancer is not considered cured until a minimum of 5 years have past. That before this elapsed time has past without a reoccurrence, it is just considered in remission. An absolute safe elapsed time to use the 'cure' word without a reoccurrence is 7 years. Now it is 7 years, and no reoccurrence, so I can conservatively pronounce, "I am cured of cancer!" My story is...

On August 4, 1996 a biopsy was performed on me in Rosewood Hospital located in Houston, Texas USA. Diagnosis: Large-cell Lymphoma, stage IV, a tumor the size of a human head. Surgery was ruled out do to 'complications'. So I was treated for 6 times with Chemotherapy, which the hospital nurses called the "red devil", to no avail. My Oncologist discharged me from the hospital on December 31, 1996, saying, "he had done everything medical science knew how to do and the therapy was not successful. Death would soon follow." Throughout the month of January, 1997 I continuously prayed and meditated, and evaluated therapies. In early February, I chose ozone and hydrogen peroxide therapy because I considered them natural therapies. Therefore, I ordered an ozone generator.

Many companies worldwide manufacture ozone generators. Many are huge units used for industrial and/or commercial applications. The generator I chose and received about 2/17/1997 was designed for household use in purifying drinking water. They could not offer me any guidance about my intended use. But during my evaluation phase I had talked by phone with professionals in Germany, Russia, and Cuba. I am a very

innovative person, who taught myself, through reading volumes about cancer and ozone, and talking with these experienced ozone chemists. Subsequently I adapted this ozone generator in my 'home built' lab for my personal use against cancer, but without success. Then I talked with more graduate chemists about how to use ozone for my purpose. I was inadvertently led in circles except by one senior PhD chemist. He was only experienced in industrial use of ozone. But he said he had heard other chemists talking that the correct temperature of the water increased ozone retention in water. And he gave me the name of a chemical lab that could help me analyze and guide me. At \$2,000USD per test I had 5 tests successively completed, and subsequently now knew how to obtain my necessary ozone therapy results.



Using my modified ozone generator, I bubbled ozone through water. Consequently, a correct therapeutic concentration of ozone was suspended in the water. A natural consequence of bubbling ozone through this ozonated water was the creation of a controlled quantity of hydrogen peroxide. Subsequent bubbling of ozone through hydrogen peroxide results in the creation of acceptable minute trace amounts of hydroxyl [OH], which is also created naturally in our body in trace amounts. The hydroxyl combines with other elements to form a powerful oxidizer. I drank precisely ozonated water three times every day 'on an empty stomach'. The ozone was absorbed into my blood through the lining of my stomach and the upper end of my small intestine. Most of this ozone then did its predicted chemical reaction. The ozone dissolved into oxygen [O<sub>2</sub>] and [O]. Our blood is mostly water [H<sub>2</sub>O]. The single atom of oxygen from the ozone bonded with the single atom of oxygen from the water in our blood and formed [H<sub>2</sub>O<sub>2</sub>], hydrogen peroxide.



[Scientific chemical mechanisms of a controlled abundance of oxygen \[O<sub>2</sub>\] in the blood on diseased cells:](#) Following the incontrovertible laws of 'oxidation-reduction reactions' (Redox) this is what happened: A concurrent chemical reaction wherein the oxygen acting as the oxidizing agent, caused only the unhealthy (diseased) cells to be simultaneously oxidized. Just as oxygen invariably, through oxidation, causes unprotected iron to become rust, oxygen through oxidation caused unhealthy cells, which all had reduced enzyme protection, to become dissipated, watery, harmless, non-pathogenic forms, which were then carried by my blood to my kidneys where my blood was purified. The impurities were channeled to my bladder and excreted from my body.

[The effect of controlled, abundant hydrogen peroxide on diseased cells whose enzyme coating is greatly reduced:](#) To maximize the hydrogen peroxide benefits I did a hot water bath soak with 35% Food Grade H<sub>2</sub>O<sub>2</sub> added. This was done daily. The hot water opened my skin's pores and allowed some of the hot water containing H<sub>2</sub>O<sub>2</sub> to reach and be absorbed into my capillaries. Of course from my capillaries my blood carried the

H<sub>2</sub>O<sub>2</sub> throughout my body, including to where the cancer cells were. Pre-calculated abundant H<sub>2</sub>O<sub>2</sub> causes enzyme lysis of the cancer cell (rupture of the cell's plasma membrane, leading to the release of cytoplasm, ((= the protoplasm; the essential living matter of all human cells)), and the death of the cell). As with redox, the impurities were removed from my blood by my kidneys and channeled to my bladder and excreted from my body.

Alternative Therapy: For your awareness, the hydrogen peroxide/ozone therapy I successfully used is generally considered 'Investigative Therapy' in the United States. However, changes are occurring and many states now permit their doctors to perform alternative therapies, which includes hydrogen peroxide/ozone therapies. Many people fervently hope that other states will soon follow this enlightened path. In many countries of the world, ozone therapies are approved, and in Germany I am told that it is now considered mainstream, conventional therapy.

Complimentary Therapies: In addition to the above described therapies, I did the following: I had been told by a herbalist of some considerable reputation that the absolute most effective way to 'jump-start' one's immune defense system was to eat daily helpings of the herb 'Aloe Vera'. So daily I made a 'cocktail' of the chopped, raw leaves (stems) of Aloe mixed with bananas, nuts, raisins, and two tablespoons of honey, (all to make the Aloe palatable), and ate it for my lunch. I cannot attest to the efficacy of this diet, I can only state that I survived cancer and believe all therapies made their contributions to my survival.

General comments: I am a humbled man whose health took me out to the thin edge of life; and I acutely realized the near-death health trouble I was in. My survival became the inspiration of my creativity. And through the procedures described herein; **guided through prayer and meditation,** I crawled in baby steps of learning back to good health. Somewhere along my desperate path, I became incongruously aware of the absurdity of how little mankind has truly progressed since our first primeval howl. And I am a profoundly more knowledgeable Reverend and Spiritual Teacher for having had to travel this enlightening path.

Survival has been my teacher most of my adult life. In this instance the price of the lesson has been the painful loss of my childhood innocent illusion regarding the use of some medications.

Published reports cite that often husbands and wives both become cancer victims. This because they both share the same living environment, stresses, diets, etc. The causes of cancer are usually unknown, as in my case. Therefore, my wife, Nancy, shared all my anti-cancer therapies with me for her own preventative purposes. Seeing the near-death suffering I went through, not only as a cancer victim, but also just as traumatic, as a post-cancer victim, she didn't want the same fate happening to herself. She continues to take preventative therapy as well as have annual cancer checkups. If you are a cancer victim's spouse, you may want to talk with your physician about preventative cancer therapy.

Regarding mental attitude towards impending death: There is no delicate way to talk about death or a terminal disease. As with the birth of a baby, just take the sheet off and have a thorough look. No offence meant. None should be taken.

The following were my personal experiences when I had terminal cancer. When I felt as if I were “living life on the edge,” I had to be emotionally careful. During this period of time my emotions were often sensitively precarious. At the wrong moment just one more stress might have sent me over the edge and I would have become a ‘Woosie’ living in ‘Woo Woo’ land. I truly didn’t want to walk that path. So, I had to summon the courage to look death in the eyes...and laugh at it. If I hadn’t, death would have taken me. I believed in God. I believed in myself. I believed in my natural ozone therapy. My mind did, in fact, believe I could beat the cancer...so I had a better chance to survive. In the hospital where I reconfirmed my personal belief system, I had asked several nurses, “What are your observations on who recovers and who dies?” Without exception their replies were, “those who believe they will live, have the best chance.” I will always remember, “it was absolute belief, supported by my infallible ESP (extra sensory perception), that got me to where cancer died; I won!”

Living in the now: As of this writing it is mid-July 2005. It was December 31, 1996 that my Oncologist in effect said, “I would soon be in the ‘bone orchard’ watching grass grow from the root side.” (Please excuse my sardonic humor) I have had annual hospital physical check-ups ever since October 1, 1997 at which time the Radiologist at Rosewood Hospital in Houston, Texas USA pronounced to my wife Nancy and me, “the cancer tumor that had been in me was gone. Only scar tissue remained where the tumor used to be.” My check-up in September 2003, included a blood test in which my blood was analyzed for any excessive ‘cancer indicator’ proteins. Conclusion: No Cancer ! Then the hospital did a CAT scan of my body. Conclusion: No Cancer ! And to be triple certain, I asked the Oncologist to have a Gallium scan performed. (This is when I was injected with radioactive isotopes). Conclusion: No Cancer ! Praise is to God!

### DISCLAIMER

I am not a medical person. This obviously is not a medical or clinically substantiated report. In fact, it is not a report at all. It is an episode recalled with the best of my ability. ‘Senior moments’ are allowed. I am not a chemist, so please excuse any related inaccuracies. Nor am I a writer, and at the age of 74 I don’t clearly remember who is the original author of what phrase, so please excuse me for any misquotations or omissions giving proper author recognition. What I have written is, to the best of my knowledge, factually correct. I cannot and do not give medical advice of any nature what so ever to anyone. (I was told by a senior hospital administrator that legally I could not recommend to my wife that she take an aspirin for a headache, as I’d be practicing medicine without a license)! Therefore, I cannot and do not advise anyone to use any therapy. My true episode with cancer is presented as a matter of fact, as I remember and understand it, for your educational awareness only. No other implication is intended or valid. Any medical treatment should only be done under the supervision of a qualified, licensed, health practitioner.